

Directions: Adults: Take 1 serving (2 caplets) twice daily with or without food or as recommended by your physician, pharmacist or health care professional.

Supplement Facts

Serving Size: 2 caplets

Servings Per Container:(*Net Qty Contents/Serving Size [# caplets]*)

	Amount Per Serving	% Daily Value
Calories	5	
Vitamin D	500 IU	125%
Calcium	630 mg	63%
Zinc	5.5 mg	37%
Copper	0.45 mg	23%
Manganese	1.15 mg	58%
Sodium	5 mg	< 1%

INGREDIENTS: Calcium Citrate, Polyethylene Glycol, Croscarmellose Sodium; Less than 2% of: Copper Gluconate, Hydroxypropyl Methylcellulose, Magnesium Silicate, Magnesium Stearate, Manganese Gluconate, Oligofructose Enriched Inulin, Polyvinylpyrrolidone, Propylene Glycol Dicaprylate/Dicaprate, Titanium Dioxide (color), Vitamin D₃ (Cholecalciferol), Zinc Oxide.

If pregnant, breast-feeding, taking medication, or have any medical condition ask a health professional before use.

KEEP OUT OF REACH OF CHILDREN

For Adult Use Only

Not for children

Do not exceed recommended intake

Contact Information -

Questions or Comments?

Please call 1-866-511-9328 (Mon-Fri 9AM – 5PM EST)